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| **Skills Developed** | **Challenge** | **Action taken** | **Results** | **Self-reflection/ Key takeaway** |
| **Adaptability**  (e.g challenge faced in an internship; situation where you handled a lot of pressure; time you failed) | During this Covid, like many families, my mom lost her job. She was a financially independent single mother, I was the only bread winner in the family, we had our loans to repay as well, I did not earn much and to pay all the loans and maintaining a household was stressful and she being dependent on me was stressing her out as well | My mom had a friend who was a good at cooking, They were used to exchanging foods time to time and they made a good partner, So I suggested them to start a small business for home made chocolates and sweets, At the beginning they were hesitant and wondered who would buy from them, I urged them to buy limited stock and if the business kicked off then they could restock, That is when I posted on my Instagram that fresh home made chocolates and sweets can be sent anywhere within Tamilnadu in 2 to 3 days time, They did start though trusting their work | Guess what, I did get 2 to 3 orders on first day and the customers really liked the quality of the product, This gave them more motivation and in the first month they were able to retake the investment and started earning more, this time they started selling to local stores as well, My mom became financially independent again and we are returning to our normal | The situation may be hard at times, but its never too late start something new and excel in that |
| **Analytical**  (e.g project where you had to perform detailed research and analysis) | There was a situation in my previous organization related to healthcare, where there were large inflows of accounts to work for 2 days in a row for us to complete around 800 accounts in a day, and we were limited in workforce with capacity to handle 450 to 480 numbers | The Team Lead asked for our suggestions on how to overcome this situation, we did look at the inventory and I noticed that the scenarios looked similar and so its definitely achievable if we did not follow the traditional method, I suggested him to allocate based on denial codes and ins, so it would reduce the number of follow ups on the acc and since it is similar scenario and same ins denial it is not necessary to call on every acc, | We tried this for two days and we were able to achieve around 700 numbers in day 1 and around 720 numbers in day 2, though we were not able to complete the entire inventory it definitely did reduce the pressure on us on days to come | I guess not every day goes as planned, but making little change in approaching the problem will lead to improvement |
| **Communication**  (e.g convince someone of your idea, present complex information, get your point across) | Like every Indian family, my cousins family also wanted to spend a ton of money in marriage, which did worry her because it is not very easy to repay the loans anytime soon | My cousins and I decided to speak our way through this idea of not wasting money in marriages, when we spoke I understood that additional were expenses involved on travel to invite relatives personally, invitations charges, extravagant food menus, immoderate dresses, excessive decoration and also renting a wedding hall, we showed samples of video invitations, which eliminated the travel and invitation charges, average food menus and we had resorts that were managed by one of our uncles for which rent was one fifth of the actual cost of a wedding hall, and decorations we made it minimal | Not all of our ideas were liked by our family members because clearly a wedding glorifies the societal norms for the family, Still we did win our way through the discussion in wedding hall and in invitation which I find as an improvement, | Every idea if it improves the standards of the lifestyle, its good to listen to it |
| **Initiative**  (e.g stepped up to a challenge, identified a problem and took action to solve it, did something even though not your responsibility) | During college we had interzonal volley ball tournament, our college didn’t have a volleyball team, | As a fresher I was not given a privilege to a team but by the second year, I coordinated with one of my seniors and started a volleyball team | For the first two years we were not able to get any trophies but in the third year, we turned runners up | Any particular thing to attain needs an initiation |
| **Skills Developed** | **Challenge** | **Action taken** | **Results** | **Self-reflection/ Key takeaway** |
| **Leadership**  (e.g coordinated several people to achieve a goal, led a group but not successful) | During the first volleyball tournament we were a budding team and we didn’t have a proper coach to train us and we did not a substitute just 6 of us | The players didn’t have confidence in them and since there is no coach they had no interest to practice as well, I was the one who wanted to start a volley ball team, I wanted every one to come practice with me but we didn’t have an opponent to play with us either, We had good mens team in volleyball, I requested the mens captain to give us some little practice so that we can atleast score a bare minimum, Every morning I would go to the room of every player and wake them up and bring them to ground to practice a little, mens captain advised to give practice to players based on their strength, I tried that this time | When every player is given a separate attention they had more involvement in the game and after a month they did come to practice on their own, Though we did not perform well in the match against some big college with very good players, but we were able to give a good competition for them to when us, This definitely gave us more confidence | Attention and Appreciation boosts performance |
| **Planning & Organization**  (e.g overcame a tight timeline, handled multiple responsibilities, manage your time and prioritize tasks) | We had Onam celebration in our college, we strived hard to get the permission but at this time we are supposed to host the conference as well | Onam celebration was allowed only for malayalis so we were limited in numbers also since there is conference and some important chief guest is arriving, the college management wanted it to be special, as usual we were supposed to do pookolam but since it also involves conference we decided at the touch of conference in pookolam as well, and decorating the entire auditorium along with the art club, we thought only if we worked together this will be possible, so we started by decorating the auditorium and arranging memontos for the chief guests, then we decided to start the pookolam all this still we were not ready, we decided on a huge pookolam which took us more than hours to complete, Then we hurried up to groom ourself in shifts | It was close call that we completed the pookolam and started the events just as the chief guest arrived, he enjoyed the event of our onam celebration and also the conference, We were able to pull it off only because of our planning to work together | Even during a tight timeline prioritizing the important stuffs and coordinating with the take makes things possible |
| **Problem-solving skills**  (e.g talk about a problem/obstacles faced to reach a goal and how you solved it) | I have been trying to get into IT sector for quite a long time but was not able to get into one | I understood that I had poor programming skills. To learn the basic skills and understand complex programs like data structures I went to class in vector institute and worked hard to learn the languages like c, c++, linux | I practiced for around one and half years and now I am confident to crack any technical interview | Analyzing the reason for the problem is the key for solution |
| **Teamwork**  (e.g when you worked on a team to achieve a goal; conflict faced when working on a team; working with a team member not cooperative) | During a symposium in our college, there was internal conflict going between two groups and they refused to coordinate in any activity | One group of students wanted to be involved in every activity and other group didn’t want them to be bossing around, so we discussed and opted to take vote out for every events. It didn’t turn out well, This time we circulated questions related to the events and the first five people who had good answers were opted by the committee to organize the event, when a person is selected in more than an event they were given an option to select an event and whoever is next in the performance were given the chance, | This way no groups were formed and every one were happy they were able to contribute in the event, | Any group has conflicts and mis understanding but it takes little steps to resolve the issue and get the result we want |